

Here is a comprehensive list of the services and resources provided by AARP:

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## Health & Wellness

- **Medicare & Health Insurance:** Resources, tools (like AARP Navigator), and information on Medicare enrollment, coverage options (Medicare Supplement, Medicare Advantage, Medicare Part D), and drug cost saving. They also offer branded plans through providers like UnitedHealthcare.
  - **Dental, Vision, and Hearing:** Access to dental insurance plans (e.g., administered by Delta Dental), vision plans/discounts (e.g., through VSP or EyeMed), and hearing solutions (e.g., discounts on hearing aids, free hearing tests).
  - **Prescription Discounts:** The AARP® Prescription Discounts provided by Optum Rx® program offers a free discount card for medications, with deeper discounts and benefits for AARP members.
  - **Fitness & Active Living:** Resources like the AARP Fitness Center (workout videos), discounts on gym memberships, and programs like Renew Active (with UnitedHealthcare Medicare plans).
  - **Health Information:** Articles, guides, and tools on topics like conditions, treatments, brain health (AARP Staying Sharp), and healthy aging.
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## Financial Security & Money

- **Insurance:** A variety of branded insurance options, often through providers like The Hartford and New York Life:
    - Auto Insurance
    - Homeowners Insurance
    - Life Insurance (Term, Permanent, Guaranteed Acceptance)
    - Long-Term Care Options
    - Manufactured Home, Motorcycle, Boat, and RV Insurance
  - **Fraud Prevention:** Dedicated resources and programs to help prevent scams and fraud, including educational materials and the AARP Fraud Watch Network.
  - **Financial Planning & Banking:** Resources on personal finances, retirement planning, savings, and investments, sometimes including branded banking products like Savings and CDs from Barclays.
  - **Social Security & Retirement:** Information, guidance, and tools (like "Ask AARP: Social Security") to help individuals understand and maximize their Social Security benefits and retirement income.
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## Home, Work & Lifestyle

- **Work & Jobs:** AARP Job Board, resources for job searching, starting a business, and fighting age discrimination.
  - **Caregiving Support:** Extensive resources, guides (like "Prepare to Care"), tools (e.g., Long-Term Care Calculator), and information for family caregivers on topics including financial/legal matters, local support, and self-care.
  - **Advocacy & Public Policy:** AARP is a powerful advocate at the local, state, and federal levels on issues that matter to older adults, such as Social Security, Medicare, lower drug prices, and fighting age discrimination.
  - **Livable Communities:** Programs and resources dedicated to making communities more supportive of people of all ages.
  - **Publications & Entertainment:**
    - **AARP The Magazine** and **AARP Bulletin** (member subscriptions).
    - Free online **Games** and puzzles.
    - **Movies for Grownups** (reviews, news, and free screenings).
    - **Virtual Community Center** (free online classes, events, and workshops).
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## Travel & Shopping Discounts (Member Benefits)

AARP provides hundreds of discounts and programs for members, including:

- **Travel:**
    - Savings on **Hotels & Resorts** (e.g., Wyndham, Hilton).
    - Discounts on **Car Rentals** (e.g., Avis, Budget).
    - Deals on **Cruises, Flights & Vacation Packages** (often through the AARP Travel Center powered by Expedia).
  - **Automotive:** Discounts on the **AARP Smart Driver Course** (which may lead to auto insurance savings), and service discounts (e.g., Valvoline Instant Oil Change).
  - **Dining & Groceries:** Discounts at various national and local restaurants, and savings on grocery-related memberships (e.g., Walmart+).
  - **Technology:** Discounts on **wireless service** (e.g., Consumer Cellular), medical alert systems, and resources like the AARP Personal Technology Resource Center.
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AARP also has the **AARP Foundation**, which focuses on charitable work to reduce poverty and provide services like job training, assistance with hunger, and help for older adults facing isolation.

Would you like me to elaborate on the **member benefits** in a specific area, such as **travel discounts** or **insurance options**?

